

Hello Parents/Guardians

Please read the information on helmets that we have sent you and is also available to view on our web site.

In view of all the current publicity and new information on head injuries, we at Sharks are now putting into practice safety measures to protect you, your children and our instructors. We are following guidelines given to us by FIS (World Governing Body for Snowsports), Britski, (British rules for Snowsport), Snowsport England, and Sport England.

This basically means that if you or your children fall on the slope and hit their head, then they will immediately be taken off the slope and monitored. They will not return to skiing on that day. You will be given information on how to monitor your child over the next 48 hours.

If you are aware that your child has recently banged their head either at school, or during any other activity then you must inform us. They really should not be taking part in another activity until you are 100% sure that they are medically clear.

Signs to look for are: -

Brief or partial loss of consciousness.

Dizziness

Nausea (sickness)

Loss of memory

Headache (gradually getting worse)

Bruising to the head

Fluid coming from the ears or nose

Vomiting

Blurred vision

Slurred speech

If you recognise any of the above symptoms, it is imperative you get them checked out. Contact your GP immediately or go to your local hospital.

Monitor for 48 hours

Sharks Committee April 2021